

## Lunch Includes:

- \*Main Item
- \*Choice of Vegetable Side
- \*Choice of Fruit Side
- \*1/2 Pint Milk



Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



## LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

August-December 2026

| CYCLE WEEK | MONDAY                                                                                                                    | TUESDAY                                                                                                                                                                     | WEDNESDAY                                                                                                                           | THURSDAY                                                                                                                   | FRIDAY                                                                                                                                          |
|------------|---------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| 1          | <b>Popcorn Chicken with a Breadstick</b><br><b>Corn</b><br><b>Mixed Fruit or Seasonal Fresh Fruit</b>                     | <b>Pork Riblet Sandwich</b><br><b>Baked Beans or Tossed Garden Salad</b><br><b>Peaches</b><br><b>Cookie Treat!</b>                                                          | <b>French Toast Sticks with Syrup</b><br><b>Tater Tots</b><br><b>100% Fruit Juice or Seasonal Fresh Fruit</b>                       | <b>Chicken Tenders (Spicy OR Regular) with a Dinner Roll</b><br><b>Broccoli or Tossed Garden Salad</b><br><b>Fruit Cup</b> | <b>Mac-n-Cheese with a Pretzel Rod</b><br><b>Carrots</b><br><b>Applesauce or Seasonal Fresh Fruit</b>                                           |
| 2          | <b>Hamburger or Cheeseburger on a Bun</b><br><b>Waffle Fries</b><br><b>Pineapple or Seasonal Fresh Fruit</b>              | <b>Pasta with Meat Sauce with Garlic Toast</b><br><b>Green Beans or Tossed Garden Salad</b><br><b>Fruit Cup</b>                                                             | <b>Chicken Nuggets with a Dinner Roll</b><br><b>Broccoli</b><br><b>Applesauce or Seasonal Fresh Fruit</b><br><b>Cookie Treat!</b>   | <b>Mini Corn Dogs</b><br><b>Baked Beans or Tossed Garden Salad</b><br><b>Fruit Yogurt Parfait</b>                          | <b>Mozzarella Sticks with Dipping Sauce</b><br><b>Carrot Sticks with Dip</b><br><b>Peaches or Seasonal Fresh Fruit</b>                          |
| 3          | <b>Pepperoni Pizza</b><br><b>Carrot Sticks with Dip</b><br><b>Pears or Seasonal Fresh Fruit</b>                           | <b>Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips With optional Salsa and Black Beans)</b><br><b>Corn</b><br><b>Tossed Garden Salad</b><br><b>Frozen Juice Cup</b> | <b>French Toast Sticks with Syrup</b><br><b>Tater Tots</b><br><b>100% Fruit Juice or Seasonal Fresh Fruit</b>                       | <b>Chicken Tenders (Spicy OR Regular)</b><br><b>Potato Smiles or Tossed Garden Salad</b><br><b>Fruit Yogurt Parfait</b>    | <b>Cheese Stuffed Breadsticks with Dipping Sauce</b><br><b>Green Beans</b><br><b>Applesauce or Seasonal Fresh Fruit</b><br><b>Cookie Treat!</b> |
| 4          | <b>Chicken Patty on a Bun (Spicy OR Regular)</b><br><b>Baked Beans</b><br><b>Frozen Juice Cup or Seasonal Fresh Fruit</b> | <b>Fiestada Pizza</b><br><b>Corn or Tossed Garden Salad</b><br><b>Mixed Fruit</b><br><b>Cookie Treat!</b>                                                                   | <b>Salisbury Steak in Gravy with a Breadstick</b><br><b>Mashed Potatoes with Gravy</b><br><b>Applesauce or Seasonal Fresh Fruit</b> | <b>Orange Chicken over Rice with a Breadstick</b><br><b>Broccoli or Tossed Garden Salad</b><br><b>Mandarin Oranges</b>     | <b>Cheese Pizza</b><br><b>Carrots</b><br><b>Fruit Cup or Seasonal Fresh Fruit</b>                                                               |

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

**USDA is an equal opportunity provider, employer, and lender.**

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 |    |    |    |    |    |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 |    |    |    |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 |    |    |

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan